

## NEVADA NATIONAL GUARD SEXUAL ASSAULT PREVENTION RESPONSE PROGRAM



April 2021

Join advocates, survivors, and supporters in Sexual Assault Awareness & Prevention Month (SAAPM). Our theme is, “protecting our people protects our mission.” Check out the messages, statistics, articles, etc. below. Leadership video messages are located on Facebook ([@SAPRNevada](https://www.facebook.com/SAPRNevada)) and YouTube ([Nevada National Guard SAPR](https://www.youtube.com/channel/UCv0jgZyuGShHKfpJhi0Um))

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>SAAPM Miles Challenge</b> Support awareness and education on sexual assault prevention by logging miles in this month. Track your progress by posting to the “SAAPM Miles Challenge” event on our Facebook page.</p>				<p><b>1 Leadership Message</b> Maj Gen Berry/ CSM Spaulding – ethical leadership</p>	<p><b>2 History</b> Sexual Assault Awareness Month was first observed nationally in April 2001.</p>	<p><b>3 Recommended Article</b> Read <a href="#">What is Ethical Leadership? How to Be a More Ethical Leader</a> By Andrew Blackman</p>
<p><b>4 Statistic</b> 1/10 rape victims are male  Source: RAINN.org</p>	<p><b>5 Statistic</b> Victims of sexual assault are 6 times more likely to suffer from PTSD  Source: RAINN.org</p>	<p><b>6 Leadership Message</b> LTC Carter/Lt Col Kimsey: sexual assault is a readiness issue and does not discriminate</p>	<p><b>7 History</b> Victims assistance programs emerged in 1970s (Rape Crisis Center, Crime Victim Advocacy Center)</p>	<p><b>8 Statistic</b> 1/6 women have been a victim of attempted or completed rape during her lifetime  Source: RAINN.org</p>	<p><b>9 Recommended Article</b> Read <a href="#">New study says sexual assault in the military is starting to hurt overall strength</a> by Eric White</p>	
<p><b>11 Statistic</b> Rape is the most underreported crime; 63% of sexual assaults are not reported.  Source: RAINN.org</p>	<p><b>12 Facebook</b> If you haven't already; please like our <a href="#">Facebook</a> page!</p>	<p><b>13 Leadership Message</b> Col Hammons/ CMSgt Ash: Top 4 reasons members do not report</p>	<p><b>14 Recommended Article</b> Read <a href="#">Why Don't Victims of Sexual Harassment Come Forward Sooner?</a> By Beverly Engel LMFT</p>	<p><b>15 SAAM Miles Challenge</b> Halfway point! See if you can match or push yourself on more miles for the rest of the month!!</p>	<p><b>16 Statistic</b> Victims of sexual assault are 3 times more likely to suffer from depression  Source: RAINN.org</p>	<p><b>17 Statistic</b> 54% of sexual assault victims are between the ages of 18-34  Source: RAINN.org</p>
<p><b>18 Statistic</b> 74% of all Sexual Assaults involve alcohol  Source: RAINN.org</p>	<p><b>19 Statistic</b> 50% of sexual assaults are preceded by sexual harassment according to 2019 DOD Report on Sexual Assault</p>	<p><b>20 Leadership Message</b> Col Armstrong/ CSM Basilio: correlates between sexual harassment &amp; sexual assault</p>	<p><b>21 Statistic</b> Victims of sexual assault are 13 times more likely to abuse alcohol  Source: RAINN.org</p>	<p><b>22 Recommended Article</b> Read <a href="#">DoD has a blind spot for civilian employee sexual assaults</a> by Jessie Bur</p>	<p><b>23 Statistic</b> Victims of sexual assault are 4 times more likely to contemplate suicide  Source: RAINN.org</p>	<p><b>24 Statistic</b> Every 73 seconds, someone is sexually assaulted  Source: RAINN.org</p>
<p><b>25 SAAM Miles Challenge</b> Almost there! Keep up the good work!!</p>	<p><b>26 Statistic</b> Health care is 16% higher for women who were sexually abused as children.</p>	<p><b>27 Leadership Message</b> BG Hanifan/BG Martel: SAAPM wrap-up</p>	<p><b>28 Denim Day</b> Go to: <a href="http://denimdayinfo.org/">denimdayinfo.org/</a> to learn how wearing jeans today raises awareness internationally.</p>	<p><b>29 Statistic</b> 1/33 men have experienced attempted or completed rape during his lifetime  Source: RAINN.org</p>	<p><b>30 SAAM Miles Challenge</b> Hope you met your personal goal! Let us know what you thought about this monthly challenge!</p>	

**Additional Resources:**

NV SAPR Facebook Page: <https://www.facebook.com/SAPRNevada/>

NVNG SAPR YouTube Library: [https://youtube.com/playlist?list=PLNRcTJ\\_NX1-lcv0jgZyuGShHKfpJhi0Um](https://youtube.com/playlist?list=PLNRcTJ_NX1-lcv0jgZyuGShHKfpJhi0Um)

Office of Personnel Management (OPM) website (for Civilians) - <http://www.opm.gov/policy-data-oversight/worklife/reference-materials/resource-list.pdf> DoD Safe Helpline —<https://www.safehelpline.org/>; offers confidential support services to men and women

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PROTECTING OUR PEOPLE PROTECTS OUR MISSION